



SEPTEMBER IS

HUNGER ACTION MONTH™

Every gift is **fully matched!**



SEPTEMBER IS

HUNGER ACTION MONTH™

Share. Volunteer. Advocate. Donate.

Your Gift is Doubled!



SEPTEMBER IS

HUNGER ACTION MONTH™

Share. Volunteer. Advocate. Donate.

Your Gift is Doubled!

SEPTEMBER IS

HUNGER ACTION MONTH™

All donations matched by an anonymous Haven friend!



SEPTEMBER IS

HUNGER ACTION MONTH™

All donations matched by an anonymous Haven friend!



SEPTEMBER IS

HUNGER ACTION MONTH™

Hunger is here in the Upper Valley.

You can help right now



1/7

Children in Vermont & New Hampshire Face Hunger



Families in our community rely on the Haven every day



x2

Every gift this month is doubled

Your support provides twice the relief

JOIN US THIS

HUNGER ACTION MONTH™





1/7

Children in Vermont & New Hampshire Face Hunger



9.7%

Overall Food Insecurity Rate in New Hampshire

HUNGER ACTION MONTH™



12.5%

Overall Food Insecurity Rate in Vermont



50M

Turned to Food Banks for Help in the Last Year

Every gift is **fully matched** and helps reduce hunger in the Upper Valley.



uppervalleyhaven.org/donate/ham

Sources: Feeding America & America's Health Rankings