

SEPTEMBER IS **HUNGER** 

**ACTION MONTH**<sub>TM</sub>

Every gift is **fully matched!** 



SEPTEMBER IS

## **HUNGER ACTION MONTH**<sub>TM</sub>

Share. Volunteer. Advocate. Donate.

Your Gift is Doubled!





SEPTEMBER IS



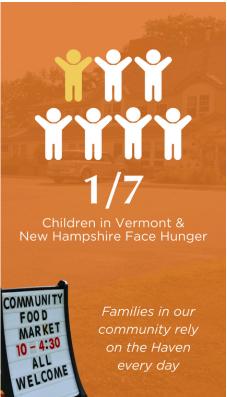
All donations matched by an anonymous Haven friend!





**Hunger** is here in the Upper Valley.

> You can help right now











Children in Vermont & New Hampshire Face Hunger



Overall Food Insecurity Rate in New Hampshire



Overall Food Insecurity

Rate in Vermont



Turned to Food Banks for Help in the Last Year



Every gift is fully matched and helps reduce hunger in the Upper Valley.







uppervalleyhaven.org/donate/ham

Sources: Feeding America & America's Health Rankings